

South West Paediatric Club Meeting

Thursday May 3rd - The Mount Somerset Hotel, Taunton

“Managing pressure in the world of paediatrics; Exploring well-being, resilience and performance”

8.30 – 9.30	Registration, Coffee and Networking
9.30 – 9.45	Wellbeing Welcome
9.45 – 10.30	“Fitting the system to the human”: <i>Laura Pickup, Human factors consultancy & research</i>
10.30 – 11.00	Reflections post Dr Bawa Garba case & “Looking after yourself”. <i>RCPCH trainee committee representatives, Dr Aless Glover and Dr James Dearden</i>
11.00 – 11.30	Coffee and Poster Viewing
11.30 – 12.30	Trainee presentations
12.30 – 13.30	Lunch
13.30 – 14.00	Wellness in Paediatrics & Emergency Medicine – how can we stop the bleeding? <i>Dr Dan Magnus Consultant Paediatric Emergency Medicine, Bristol.</i>
14.00 – 14.30	Senior Doctor Burnout in a DGH <i>Mr James Coulston, Consultant Vascular Surgeon & Dr Mark Dayer, Consultant Cardiologist, MPH, Taunton</i>
14.30 – 15.10	Workshops 1 <ul style="list-style-type: none"> • Tree of Life- encouraging resilience in your patients, exploring the psychological impact of chronic and life limiting conditions. <i>Rosie Novak - Clinical Psychologist, MPH, Taunton</i> • Preventing Compassion Fatigue and Burnout , Team Chargers and Drainers <i>Anna Baverstock - Consultant Paediatrician, MPH, Taunton</i>
15.10 – 15.30	Tea and Poster judging
15.30 – 16.10	Workshops 2 <ul style="list-style-type: none"> • Tree of Life- encouraging resilience in your patients, exploring the psychological impact of chronic and life limiting conditions. <i>Rosie Novak - Clinical Psychologist, MPH, Taunton</i> • Preventing Compassion Fatigue and Burnout , Team Chargers and Drainers <i>Anna Baverstock - Consultant Paediatrician, MPH, Taunton</i>
16.15-17.15	Victor Neale Memorial Lecture “Rounded with a sleep: why we need to talk about fatigue” <i>Dr Michael Farquhar, Consultant in Paediatric Sleep Medicine, Evelina.</i>
17.15 – 17.30	Close - Awards and Prize for best trainee presentation & poster
From 17.30	Join us for “wellbeing” drinks afterwards (all welcome). Dinner to be served from 6pm –please book online at www.swpc.org.uk .

Please note that rooms are available for overnight stays: to book, quote SWPC.